A semi-recent Facebook post I stubbed across:

"Minimizing harm is pointless and futile. Ever heard of a species of cicada that gets stung and paralysed by a specific type of wasp? It then eats the organs out of the cicada and leaves its eggs inside its shell, to form a new baby wasp.

Nature is disgusting. I'm not about to change my diet and get health problems, when I've likely evolved to this point as a result of my ancestors eating meat. Sickening, yes. Humans are a predatorial species. I'm not entirely convinced there isn't an agenda behind veganism either.

Could be to weaken or cause health problems amongst the greater population that has switched to eating plants. I already have a restrictive diet. Im not switching from the Mediterranean diet. Seems to work the best for me and my health.

Jordan Peterson recommended the diet of meat and salad. Seems to clear up most health problems.

Ethics and morality simply isn't enough when it comes to these drastic changes.

I need scientific evidence that eating just a plant based diet is going to supply me with all my nutritional needs.

Some of the vegan products out there are packed with chemicals or are absolutely disgusting.

Some other products are made from nuts, which certain people have allergies to.

Would you want to be stuck being a cow? Is that why you care?

Incapable of higher forms of thought? They can't write, speak, or create. They just eat and enjoy food. They aren't trying to take humanity to the next stage of existence.

Here's another solution for you, why not take up the burden of converting humans into solar powered cyborgs? That way we wont need anything but sunlight to recharge ourselves. Rather than whining to people like me that have no ability or power to shut down those industries.

I didn't ask to be raised as a meat eater. I just spawned and found myself in this fucked up world.

Give me a procedure to survive off sunlight, and I'll gladly take that up. Until then, we breeding animals into existence and killing them for energy.

I'm not going to fuck with my biochemisty, especially my hormones by eating soy and tofu.

You think my life isn't already difficult?

I'm working round the clock like a slave just so i can have a roof over my head.

Now you want me to have health problems too. By screwing with soy and tofu."